

HUMAN DEVELOPMENT AND FAMILY STUDIES PROGRAM SHEET

2023-2025 Catalog

COMMUNICATION AND LIBRARY				13 cr.
	ENGL	150	Critical Thinking & Comm.	3 cr.
	ENGL	250	Written, Oral, Visual, & Electronic Composition	3 cr.
	LIB	160	Intro to College Level Research	1 cr.
SELECT FROM:				
	COMST	210	Communication & U.S. Diversity	3 cr.
	COMST	211	Intro to Interpersonal Communication	3 cr.
	COMST	218	Conflict Management	3 cr.
	SP CM	212	Fund. Of Public Speaking	3 cr.
SELECT FROM:				
	ENGL	302	Business Communication	3 cr.
	ENGL	309	Proposal and Report Writing	3 cr.
	ENGL	314	Technical Comm.	3 cr.

NATURAL SCIENCES & MATH				10 – 11 cr.
	STAT	101	Principles of Statistics	4 cr.
SELECT FROM:				
	COM S	103	Computer Applications	4 cr.
	COM S	113	Intro to Spreadsheets & Databases	3 cr.
Biology Course				3 cr.
<i>Select any 3 credit biology course. Common courses are BIOL 101 (Introductory Biology) or BIOL 155 (Human Biology)</i>				

SOCIAL SCIENCES				9 cr.
SELECT 9 CREDITS FROM:				
AF AM 330; AMD 165, 362, 467; AM IN 310, 315, 322, 323; ANTHR (except 202); AESHM 421; CRIMINAL JUSTICE (C J); ECON; FS HN 342; INTST 235; LING 219, 275, 471; POL S; PSYCHOLOGY (except 131); SOCIOLOGY; T SC 342; WGS 201, 203, 301, 320, 327, 328, 346, 350, 385				

HUMANITIES				6 cr.
SELECT 6 CREDITS FROM:				
AESHM 342; AF AM 201, 334, 347, 353, 354; AM IN 210, 240, 346; AMD 257, 354, 356; ARCH 221, 420; ART H; ASL 101, 102, 201, 202; CL ST; CMDIS 286; DANCE 270, 360; DSN S 183; ENGL 201, 225, 226, 227, 228, 237, 240; HISTORY; HSP M 260; LAS 385; MUSIC 102, 302, 304, 383, 384; PHILOSOPHY; RELIGIOUS STUDIES; THTR 106, 110, 465, 466; WGS 201, 336, 338, 340, 345, 370, 374; World Languages (ARABIC, CHINESE, FRENCH, GERMAN, GREEK, RUSSIAN, SPANISH)				

ELECTIVES				21 – 23 cr.
<i>Consider a minor or taking additional HDFS courses</i>				

HUMAN DEVELOPMENT & FAMILY STUDIES CORE				23 – 24 cr.
	HD FS	102	Human Development	3 cr.
	HD FS	110	Fr. Learning Comm. Orientation	1 cr.
	HD FS	111	New Transfer Student Seminar	1 cr.
	HD FS	183	Personal Fin. In Early Adult	1 cr.
	HD FS	218	Professional Orientation and Services Learning	2 cr.
	HD FS	369	Research Methods in HDFS	3 cr.
	HD FS	418B	Prof. Practice Reflection/Discussion: Internships	2 cr.
	HD FS	479	Family Dynamics Through a Social & Cultural Lens	3 cr.
	HD FS	491	Internship	8-9 cr.

INDIVIDUAL & FAMILY DEVELOPMENT				12 cr.
SELECT 4 COURSES (12 CREDITS) FROM:				
	HD FS Or HDFS	224**	Dev. In Young Child: Birth-8	3 cr.
		223	Child Dev. & Health <i>(summers only)</i>	3 cr.
**Note: HDFS 224 is a prerequisite to HDFS 342, 343, 344, 340 Students cannot take both HDFS 223 and 224				
	HD FS	226	Dev. & Guidance in Mid Child <i>(Fall only)</i>	3 cr.
	HD FS	227	Adolescent & Emerging Adult.	3 cr.
	HD FS	234	Adult Development <i>(Spring only)</i>	3 cr.
	HD FS	249	Parenting & Fam Diversity Issues	3 cr.
	HD FS	270	Family Comm. & Relationships	3 cr.
	HD FS	377	Aging and the Family <i>(Fall only)</i>	3 cr.

PROGRAM FOCUS		24cr.
<ul style="list-style-type: none"> • HEALTH, WELL-BEING, & PREVENTION • ADVOCACY, ADMINISTRATION, AND POLICY • CHILD DEVELOPMENT & GUIDANCE 		
<i>See reverse for classes required in each focus area</i>		

US DIVERSITY & INTERNATIONAL PERSPECTIVES	
US Diversity	
International Perspectives	

TOTAL		120 cr.
Total General Education		38 – 39 cr.
Total Electives		21 – 23 cr.
Total Major		59 – 60 cr.
<ul style="list-style-type: none"> • Core 		23 cr.
<ul style="list-style-type: none"> • Individual & Fam. Development 		12 cr.
<ul style="list-style-type: none"> • Program Focus 		24 cr.

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FOCUS AREA COURSE REQUIREMENTS

2023-2025 Catalog

HEALTH, WELL-BEING, AND PREVENTION				24 cr.
EMPHASIS CLASSES <i>Select 4 courses (12 credits) from:</i>				
	HD FS	276	Human Sexuality	3 cr.
	HD FS	283	Personal & Family Finance	3 cr.
	HD FS	367	Abuse and Illness in Families	3 cr.
	HD FS	373	Death as a Part of Living	3 cr.
	HD FS	387	Applying Evidence Based Practices in Human Services <i>(Fall only)</i>	3 cr.
	HD FS	395	Children, Families, and Public Policy	3 cr.
SUPPORTING CLASSES: <i>Select 4 courses (12-13 credits) from:</i>				
	HD FS	239	Consumer Issues	3 cr.
	HD FS	240	Literature for Children	3 cr.
	HD FS	341	Household Finance and Policy <i>(Fall only)</i>	3 cr.
	HD FS	342	Social and Emotional Development and Child-Centered Guidance in Early Childhood	3 cr.
	HD FS	344	Programming for Children in Early Care and Education	4 cr.
	HD FS	378	Retirement Planning and Employee Benefits <i>(Spring only)</i>	3 cr.
	HD FS	449	Program Evaluation and Proposal Writing	3 cr.
	HD FS	486	Administration of Human Services Programs	3 cr.
Additional HDFS courses from the Individual and Family Development category that have <u>not</u> been taken				
Additional HDFS courses from the Health, Wellbeing, and Prevention Emphasis section that <u>have not</u> been taken				

ADVOCACY, ADMINISTRATION, AND POLICY				24 cr.
EMPHASIS CLASSES <i>Select 4 courses (12 credits) from:</i>				
	HD FS	239	Consumer Issues	3 cr.
	HD FS	341	Household Finance and Policy <i>(Fall only)</i>	3 cr.
	HD FS	378	Retirement Planning and Employee Benefits <i>(Spring only)</i>	3 cr.
	HD FS	395	Children, Families, and Public Policy	3 cr.
	HD FS	449	Program Evaluation and Proposal Writing	3 cr.
	HD FS	486	Administration of Human Services Programs	3 cr.
SUPPORTING CLASSES: <i>Select 4 courses (12-13 credits) from:</i>				
	HD FS	240	Literature for Children	3 cr.
	HD FS	276	Human Sexuality	3 cr.
	HD FS	283	Personal & Family Finance	3 cr.
	HD FS	342	Social and Emotional Development and Child-Centered Guidance in Early Childhood	3 cr.
	HD FS	344	Programming for Children in Early Care and Education	4 cr.
	HD FS	367	Abuse and Illness in Families	3 cr.
	HD FS	373	Death as a Part of Living	3 cr.
	HD FS	387	Applying Evidence Based Practices in Human Services <i>(Fall only)</i>	3 cr.
Additional HDFS courses from the Individual and Family Development category that have <u>not</u> been taken				
Additional HDFS courses from the Advocacy, Administration, and Policy Emphasis section that have <u>not</u> been taken				

CHILD DELVELOPMENT AND GUIDANCE				24 cr.
EMPHASIS CLASSES <i>Select 4 courses (12-13 credits) from:</i>				
	HD FS	240	Literature for Children	3 cr.
	HD FS	342	Social and Emotional Development and Child-Centered Guidance in Early Childhood	3 cr.
	HD FS	344	Programming for Children in Early Care and Education	4 cr.
	HD FS	345	Inclusive Teaching & Interactive Strategies	3 cr.
	HD FS	456	Working with Families in Early Intervention	3 cr.
	HD FS	486	Administration of Human Services Programs	3 cr.
SUPPORTING CLASSES: <i>Select 4 courses (12 credits) from:</i>				
	HD FS	239	Consumer Issues	3 cr.
	HD FS	276	Human Sexuality	3 cr.
	HD FS	283	Personal & Family Finance	3 cr.
	HD FS	367	Abuse and Illness in Families	3 cr.
	HD FS	373	Death as a Part of Living	3 cr.
	HD FS	378	Retirement Planning and Employee Benefits <i>(Spring only)</i>	3 cr.
	HD FS	387	Applying Evid. Based Practices in Human Services <i>(Fall only)</i>	3 cr.
	HD FS	395	Children, Families, and Public Policy	3 cr.
	HD FS	449	Program Evaluation and Proposal Writing	3 cr.
Additional HDFS courses from the Individual and Family Development category that have <u>not</u> been taken				
Additional HDFS courses from the Child Dev. & Guidance Emphasis section that have <u>not</u> been taken				