

**KINESIOLOGY AND HEALTH B.S. DEGREE  
PRE-HEALTH PROFESSIONS - PHYSICAL THERAPY  
2023-2024 SAMPLE FOUR-YEAR PLAN**

<b>Semester 1 - Freshman Year</b>	<b>Credit</b>
BIOL 211-Principles of Biology I	3
BIOL 211L-Principles of Biology Lab I	1
ENGL 150-Critical Thinking & Communication	3
H S 110-Personal & Consumer Health	3
KIN 252-Intro to the Discipline of Kinesiology	1
KIN 253-Orientation & Learning Community	1
LIB 160-Intro to College Level Research	1
SOC 134-Introduction to Sociology	3
<b>Total</b>	<b>16</b>

<b>Semester 2 - Freshman Year</b>	<b>Credit</b>
BIOL 212-Principles of Biology II	3
BIOL 212L-Principles of Biology Lab II	1
KIN 258-Principles of Physical Fitness & Cond	2
MATH 143-Prep for Calculus, MATH 145-Applied Trigonometry or MATH 165-Calculus I	3-4
PSYCH 101-Introduction to Psychology	3
Humanities/International Perspectives	3
<b>Total</b>	<b>15-16</b>

<b>Semester 3 - Sophomore Year</b>	<b>Credit</b>
BIOL 255-Fundamentals of Human Anatomy*	3
BIOL 255L-Fund of Human Anatomy Lab*	1
CHEM 177-General Chemistry I	4
CHEM 177L-Lab in General Chemistry I	1
ENGL 250-Written, Oral, Visual & Elect Comp	3
KIN 242-Planning for Success in a Health Career	.5
Humanities/U.S. Diversity	3
<b>Total</b>	<b>15.5</b>

<b>Semester 4 - Sophomore Year</b>	<b>Credit</b>
BIOL 256-Fundamentals of Human Physiology**	3
BIOL 256L-Fund of Human Physiology Lab**	1
CHEM 178-General Chemistry II	3
CHEM 178L-Lab in General Chemistry II	1
FS HN 367-Medical Terminology	1
Electives	3
PSYCH Choice	3
<b>Total</b>	<b>15</b>

<b>Semester 5 - Junior Year</b>	<b>Credit</b>
KIN 366-Exercise Psychology or KIN 365-Sport Psychology	3
KIN 372-Motor Control & Learning	3
PHYS 131-General Physics I	4
PHYS 131L-General Physics I Lab	1
SP CM 212-Fundamentals of Public Speaking	3
STAT 101-Principles of Statistics or STAT 104-Introduction to Statistics	3-4
<b>Total</b>	<b>17-18</b>

<b>Semester 6 - Junior Year</b>	<b>Credit</b>
H S 350-Human Diseases	3
KIN 355-Biomechanics	3
PHYS 132-General Physics II	4
PHYS 132L-General Physics II Lab	1
PSYCH 460-General Psychopathology	3
Electives (300+ Level Courses)	3
<b>Total</b>	<b>17</b>

<b>Semester 7 - Senior Year</b>	<b>Credit</b>
ENGL 302, 314-Business/Technical Comm or SP CM 312-Business & Professional Speaking	3
KIN 358-Exercise Physiology	3
KIN 359-Exercise Physiology Lab	1
KIN 373-Biomechanics & Motor Control Lab	1
Electives (300+ Level Courses)	6
<b>Total</b>	<b>14</b>

<b>Semester 8 - Senior Year</b>	<b>Credit</b>
KIN 400 Level Courses <sup>†</sup>	9
Electives (300+ Level Courses)	6
<b>Total</b>	<b>15</b>

\* Fall Only Course

\*\*Spring Only Course

<sup>†</sup>KIN 400 Level Course Choices (9 cr): KIN 458, 462, 466\*\*, 467, 472, 473\*\*, 480, H S 464

Students must complete a 3 credit U.S. Diversity course and a 3 credit International Perspectives course. Students must also complete a minimum of 46 credits in 300-400 classes and a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan, always use the degree audit as the official documentation of progress toward a degree.