

THREE-YEAR GRADUATION PLAN SAMPLE ACCELERATED PLAN

HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS) MAJOR

Iowa State University 2024-2025 Catalog 120 Total Credits

Administered by the Department of Human Development & Family Studies

This sequence is only an example.

YEAR ONE						
Year One: Fall	Cr.	Year One: Spring	Cr.	Year One: Summer	Cr.	
Core: HD FS 1020. Human Development	3	Core: HDFS 1830. Per. Finance in Early Adulthood	1	Gen. Ed.: Social Sciences Course	3	
Core: HDFS 1100. Fr. Learning Community Orientation	1	Core: HDFS 2180. Prof. Orientation & Service Learn.	2	Gen. Ed.: ENGL 2500. Written, Oral, Visual, Elect. Comp.	3	
Focus Area: HDFS 4930. Science & Practice of Happiness	3	Individual & Family Dev. Course	3	Elective course	3	
General Education: ENGL 1500. Critical Thinking & Comm.	3	General Ed.: LIB 1600. Intro to College-Level Research	1			
General Education: Biology	3	Gen. Ed: Social Sciences Course	3			
Gen. Ed: Social Sciences Course	3	Elective course	3			
		Elective course	3			
Total:	16	Total:	16	Total:	9	
					Total Credits: Year One	41

YEAR TWO						
Year Two: Fall	Cr.	Year Two: Spring	Cr.	Year Two: Summer	Cr.	
General Ed: STAT 1010. Principles of Statistics	4	Core: HDFS 3690. Research Methods in HDFS	3	General Ed.: SPCM 2120 (Fund. of Pub. Speak) or COMST 2100 (Comm. & US Div) or 2110 (Inter. Comm) or 2180 (Conflict Mgmt.)	3	
Individual & Family Dev. Course	3	General Education: COM S 1130, Spreadsheets & Databases	3			
Focus: Supporting course	3	Individual & Family Dev. Course	3	Elective	1	
General Education: Humanities	3	Focus: Supporting course	3	Elective	3	
General Education: Humanities	3	Focus: Emphasis course	3			
		Elective course	1			
Total:	16	Total:	16	Total:	7	
					Total Credits: Year Two	39

YEAR THREE						
Year Three: Fall	Cr.	Year Three: Spring	Cr.	Year Three: Summer	Cr.	
Core: HDFS 4790, Family Dynamics Thru a Social & Cult. Lens	3	Core: HDFS 4180B. Professional Practice Reflection/Dis. Interns.	2	Core: HDFS 4910. HDFS Internship	9	
Focus: Emphasis course	3	Gen Ed.: ENGL 3020 (Bus. Comm.) or 3090 (Proposal & Report Writing) or 3140 (Tech. Comm.)	3			
Focus: Emphasis course	3	Focus: Emphasis course	3			
Individual & Family Dev. Course	3	Focus: Supporting course	3			
Elective	3	Elective	1			
Elective	1	Elective course	3			
Total:	16	Total:	15	Total:	9	
					Total Credits: Year Three	40

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Advising Notes

- Total number of electives will vary. A maximum of 120 credits are required to graduate.
- For a list of the General Education Humanities courses and Social Sciences Courses, see the HD FS General Education Selections sheet.
- ISU requires 3 credits of Cultures & Communications coursework and 3 credits of International Perspectives coursework.
- This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Student ability, employment, health, activities, and grade point considerations affect credit hours per semester.
- Study Abroad opportunities are available in fall, spring, and summer. Advance planning is critical to avoid adding an additional semester to the graduation plan. Be sure to talk to an adviser if you plan to study abroad.