

FOUR-YEAR GRADUATION PLAN SAMPLE

HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS) MAJOR

Iowa State University 2024-2025 Catalog 120 Total Credits

Administered by the Department of Human Development & Family Studies

Year One: Fall		Year One: Spring	
Course	Cr.	Course	Cr.
Core: HDFS 1020. Human Development	3	Core: HDFS 1830. Personal Finance in Early Adulthood	1
Core: HDFS 1100. Fr. Learning Community Orientation	1	Individual and Family Development Course	3
Focus Area: HDFS 4390. The Science & Practice of Happiness	3	General Education: Biology Course	3
General Education: LIB 1600. Intro to College-Level Research	1	General Education: Social Sciences Course	3
General Education: ENGL 1500. Critical Thinking & Comm.	3	General Education: Humanities	3
General Education: Social Sciences Course	3	Elective course	3
Elective: PSYCH 1310	1		
Total Credits	15	Total Credits	16
Year Two: Fall		Year Two: Spring	
Course	Cr.	Course	Cr.
Core: HDFS 2180. Prof. Orientation & Service Learning	2	General Ed.: SPCM 2120 (Fund. of Pub. Speak) or COMST 2100 (Comm. & US Div) or 2110 (Inter. Comm) or 2180 (Con Mgmt.)	3
Individual and Family Development Course	3	General Education: COM S 1130, Spreadsheets & Databases	3
General Ed.: ENGL 2500. Written, Oral, Visual, & Elect. Comp.	3	General Education: Humanities	3
General Education: STAT 1010. Principles of Statistics	4	Elective course	3
General Education: Social Sciences Course	3	Elective course	3
Total Credits	15	Total Credits	15
Year Three: Fall		Year Three: Spring	
Course	Cr.	Course	Cr.
Core: HDFS 3690. Research Methods in HDFS	3	Core: HDFS 4790, Family Dynamics Thru a Social & Cult. Lens	3
Individual and Family Development Course	3	Individual and Family Development Course	3
Focus Area Emphasis course	3	Focus Area Emphasis course	3
Focus Area Supporting course	3	Focus Area Emphasis course	3
Elective course	3	Elective	3
Elective course	1	Elective	1
Total Credits	16	Total Credits	16
Year Four: Fall		Year Four: Spring	
Course	Cr.	Course	Cr.
Core: HDFS 4180B. Professional Practice Reflection/Discussion Internships	2	Core: HDFS 4910. HDFS Internship	9
Focus Area Emphasis course	3	Elective	3
Focus Area Supporting course	3		
Focus Area Supporting course	3		
General Education: ENGL 3020 (Bus. Comm.) or 3090 (Proposal & Report Writing) or 3140 (Tech. Comm.)	3		
Elective	1		
Total Credits	15	Total Credits	12
Total Credits		120	

Advising Notes

- Total number of electives will vary. A maximum of 120 credits are required to graduate.
- For a list of the General Education Humanities courses and Social Sciences Courses, see the HD FS General Education Selections sheet.
- ISU requires 3 credits of Cultures & Communications coursework and 3 credits of International Perspectives coursework.
- This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Student ability, employment, health, activities, and grade point considerations affect credit hours per semester.
- Study Abroad opportunities are available in fall, spring, and summer. Advance planning is critical to avoid adding an additional semester to the graduation plan. Be sure to talk to an adviser if you plan to study abroad.