

Undergraduate Internship Opportunity with the Physical Activity and Aging Study

The Physical Activity Epidemiology lab at Iowa State is seeking an enthusiastic, detail-oriented kinesiology undergraduate student for an *unpaid internship* in the **Physical Activity and Aging Study** (PAAS). This opportunity is available in the Fall, Spring, or Summer term.

Details: The PAAS Team conducts weekly assessments of older adults (65+) to measure physical function and health. Interns will be deeply involved in data collection and assist the Project Manager with administrative duties. While data collection occurs on campus during set hours, **many administrative tasks can be done remotely with flexible hours**. Interns will gain valuable research experience and direct interaction with older adults. They may also request a letter of recommendation upon satisfactory completion of the internship.

Duties (may include): setting up for data collection visits, operating REDCap to collect participant data, performing the physical function and anthropometric assessments, assisting with off-site research data collection if an off-site visit is scheduled (e.g. retirement community assessments), communicating with participants via email and phone, scheduling participant visits, upkeeping internal documentation for the research team, attending lab meetings with the PAAS team, continually communicating with the Project Manager to keep the study flowing smoothly

Qualities: A successful intern will lead by example, maintain professionalism, and always practice open communication. They will also be adaptable, detail-oriented, eager to learn, and proficient in asking questions to ensure accuracy in their roles.

For more information: Please visit our website <https://research.hs.iastate.edu/paas/> to learn more about the study or email our current graduate student Project Manager Frankie Porter, at fjporter@iastate.edu

