

**KINESIOLOGY AND HEALTH B.S. DEGREE  
PHYSICAL EDUCATION TEACHER EDUCATION  
2024-2025 SAMPLE FOUR-YEAR PLAN**

<b>Semester 1 - Freshman Year</b>	<b>Credit</b>
EDUC 2040 - Social Foundations of Education	3
ENGL 1500-Critical Thinking & Communication	3
H S 1100-Personal & Consumer Health	3
KIN 2520-Intro to the Discipline of Kinesiology	1
KIN 2530-Orientation & Learning Community	1
LIB 1600-Intro to College Level Research	1
PSYCH 2300-Developmental Psychology	3
<b>Total</b>	<b>15</b>

<b>Semester 2 - Freshman Year</b>	<b>Credit</b>
DANCE 2110-Fund of Social & World Dance**	1
KIN 2360-Fund of Individual Sports & Fitness**	1
KIN 2580-Principles of Physical Fitness & Cond	2
KIN 2800-Directed Field Experience in Elem PE	1
Math 1040-Intro to Probability, 1400-College Algebra, STAT 1010-Principles of Statistics, or 1040-Intro to Stat	3-4
SOC 1340-Introduction to Sociology	3
Humanities/International Perspectives	3
<b>Total</b>	<b>14-15</b>

<b>Semester 3 - Sophomore Year</b>	<b>Credit</b>
BIOL 2550-Fundamentals of Human Anatomy*	3
BIOL 2550L-Fund of Human Anatomy Lab*	1
ENGL 2500-Written, Oral, Visual & Elect Comp	3
H S 1050-First Aid & Emergency Care	2
KIN 2310-Fund of Tumbling & Gymnastics*	1
KIN 2320-Fundamentals of Team Sports*	1
KIN 2590-Leadership Tech for Fitness Programs	3
KIN 2810-Directed Field Experience in Sec PE	1
<b>Total</b>	<b>15</b>

<b>Semester 4 - Sophomore Year</b>	<b>Credit</b>
BIOL 2560-Fundamentals of Human Physiology**	3
BIOL 2560L-Fund of Human Physiology Lab**	1
H S 3050-Instructor's First Aid & CPR	2
KIN 2820-Field Exp with Educational Outreach	1
SP CM 2120-Fundamentals of Public Speaking	3
Electives	3
Humanities (American History)	3
<b>Total</b>	<b>16</b>

<b>Semester 5 - Junior Year</b>	<b>Credit</b>
KIN 3120-Movement Educ in Elem School PE*	3
KIN 3720-Motor Control & Learning	3
PHYS 1150-Physics for the Life Sciences	4
Electives	3
Social Science Choice	3
<b>Total</b>	<b>16</b>

<b>Semester 6 - Junior Year</b>	<b>Credit</b>
ENGL 3020, 3140-Business/Technical Comm or SP CM 3120-Business & Professional Speaking	3
H S 3500-Human Diseases	3
KIN 3130-Teaching Secondary PE**	3
KIN 3580-Exercise Physiology	3
KIN 3590-Exercise Physiology Lab	1
KIN 4710-Measurement in PE**	3
<b>Total</b>	<b>16</b>

<b>Semester 7 - Senior Year</b>	<b>Credit</b>
EDUC 4060-Social Justice Education & Teaching	3
KIN 3550-Biomechanics	3
KIN 3660-Exercise Psychology or KIN 3650-Sport Psychology	3
KIN 3950-Adapted Physical Education*	3
KIN 4750-PE Curriculum Design & Program Org*	3
Elective	1
<b>Total</b>	<b>16</b>

<b>Semester 8 - Senior Year</b>	<b>Credit</b>
KIN 4170-Supervised Teaching PE, Secondary	8
KIN 4180-Supervised Teaching PE, Elem	8
<b>Total</b>	<b>16</b>

**\*Fall Only**

**\*\*Spring Only**

Students must complete a 3 credit U.S. Diversity course and a 3 credit International Perspectives course. Students must also complete a minimum of 46 credits in 3000-4000 classes and a total of 124 credits to graduate. Four year plans are arranged with courses in prerequisite sequence and within the term a course is usually offered. This is a sample plan, always use the degree audit as the official documentation of progress toward a degree.